



## Applied Kinesiology Seminars Basic Course of Instruction 2019/2020

### **The fundamentals of Manual Muscle Testing – a combination of Applied Kinesiology, Functional Neurology and Functional Medicine.**

Jim and Alan have been working together for several years to develop a truly holistic model of working. The course is based on sound neurology assessing functional changes to proprioceptive and nociceptive feedback.

Based on 4, 2 day weekends, the course uses a rational, extremely practical and physical approach. The course will give you the knowledge to treat a patients systemic and local problems in an holistic manner.

It includes treatment techniques for:-

- *Muscle and fascial chains*
  - *Cranial/sacral treatment*
  - *An introduction to orthomolecular medicine*
  - *Integration of movement and learnt reflex patterns*
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- **Weekend 1 – 05/06 Oct 2019** – Treating the whole person, the principles of Applied Kinesiology and systemic structural problems (an introduction to the Cranial / Sacral mechanism).
  - **Weekend 2 – 23/24 Nov 2019** – Treating the whole person, systemic inflammation, stress reactions and the glandular / hormonal system.
  - **Weekend 3 –25/26 Jan 2020** – Treating the whole person, advanced cranial faults, the diaphragm, the emotional side, local spinal problems.
  - **Weekend 4 – 22/23 Feb 2020** – Development and movement patterns. Local problems, treating peripheral joints and local muscle reactions. Uncovering hidden problems. International College of Applied Kinesiology Competence test.

**For more information contact Sharon Townhill at:**

**[www.appliedkinesiologyseminars.eu](http://www.appliedkinesiologyseminars.eu)    [info@appliedkinesiologyseminars.eu](mailto:info@appliedkinesiologyseminars.eu)**

**Tel: + 31 26 3613702**

### **'Early Bird' Discount**

- 1599 Euros (discount of 397 euros) - If you register and pay for the full course before 31<sup>st</sup> Aug 2019

### **Standard Course fees**

- 1699 Euros (discount of 297 euros) - If you register for the full course and pay before the course starts.
- 499 Euros - standard weekend seminar price

Please note it is possible to attend individual weekends, but weekend 1 is essential to attend if you have no prior Applied Kinesiology experience.

**Course fees include:** Lunch / Tea & Coffee / Printed course handout for each weekend / Attendance certificate

### **Course location:**

**Parkstaete Zalencentrum, Parkstraat 3-B, 6881 JA, VELP, Gelderland, Nederland**

<http://www.parkstaete.com>

(**Please note:** there are two towns called Velp in the Netherlands. Therefore please use the post code when navigating to the course or booking your accommodation.)

### **Hotels close by:**

- B&B Terre Neuve – Tel: 026 3641701 Mob: 06 54642032
- Sandton Hotel de Roskam – Tel: 026 4971277
- Best Western Hotel Gieling – Tel: 026 3111150
- B&B t'Nieuwe Plein – Arnhem – Tel: 026 7024010
- Hotel Old Dutch – Arnhem – Tel: 026 4420792
- Holiday Inn Express – Arnhem – Tel: 026 8200070
- Best Western Plus Hotel Haarhuis – Arnhem – Tel: 026 4427441

### **Entry requirements:**

Course attendees are required to have degree level education in a medical related subject. Exemptions can sometimes be given on an individual basis if a student is currently studying on a qualifying therapy course at degree level (or higher) but has not yet qualified. Please contact us for further information.

### **Aim of the course:**

To provide diagnostic tools and background information to assist medical practitioners in diagnosis and treatment of patients. The course is provided as continual professional development for primary care practitioners.

### **Is the course suitable for me:**

The course is for professional primary care practitioners (for example: chiropractors, osteopaths, physiotherapists, and dentists etc).

### **Course language:**

All communication regarding this course and the course itself are given in English.

**Duration of course:**

The full course is split over 4 weekends (Saturday and Sunday), which is 8 days in total. Please note, it is possible to attend individual weekends, but weekend 1 is essential to attend if you have no prior Applied Kinesiology experience. Please contact us for further information.

**Course timings:**

All course weekends are run on the same time schedule:

- Saturday: Start 09.00 – Finish 17.00
- Sunday: Start 09.00 – Finish 17.00

**Study material:**

All essential required study material / course handouts are supplied upon attendance of individual tutoring weekends. The course handouts are included within the price of the course.

**Qualifications:**

At the end of the course, only students that have completed the entire course are entitled to take the ICAK test of competence. This is an optional test for students. Students that pass this test can register with the ICAK as a competent practitioner and are awarded an ICAK Test of Competence certificate. This qualification allows the student to become a registered member of the ICAK and it is a requirement in order to become registered on the official ICAK website as a competent practitioner. If a student fails the test they may repeat the 'test of competence' any number of times (but at a later date).

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